

Camolida Cha Cha

Choreographed by:

Eileen Er Soo Lang

Descriptions:

Phrased - 4 wall - Intermediate level line dance

Sequence: AAB, AB, AAB, AB, A – 30 Counts

Part A – 32 counts, Part B – 32 Counts

INTRODUCTION DANCE:

Rock Side, Recover, Side Shuffle

- 1 – 2 Rock R foot to R side with hands sway to R side (1). Recover weight to L foot in place with hands sway to L side (2).
- 3 & 4 Step R to R side (3). Step together with L (&). Step R to R side (4). (Draw circle with hands from R, L & R clockwise).
- 5 – 6 Rock L foot to L side (5). Recover weight to R foot in place (6).
- 7 & 8 Step L foot to L side (7). Step together with R foot (&). Step L foot to L side (8). (Draw circle with hands from L, R & L anti-clockwise).

PART A:

Rock Recover, Forward Shuffle, Walk Walk, Forward Shuffle

- 1 – 2 Rock back with R foot (1). Recover weight to L foot (2).
- 3 & 4 Step forward with R foot (3). Step together with L foot (&). Step forward with R foot (4).
- 5 – 6 Walk forward on Left foot (5). Walk forward on Right foot (6).
- 7 & 8 Step forward with L foot (7). Step together with R foot (&). Step forward with L foot (8).

Kick Turn, Forward Shuffle, $\frac{3}{4}$ Turn R, Side Shuffle

- 1 – 2 Kick R foot forward (1). Turn $\frac{1}{4}$ R and swing R foot behind L foot (2).
- 3 & 4 Step forward R foot (3). Step together with L foot (&). Step forward with R foot (4).
- 5 – 6 Step L foot forward (5). Turn $\frac{3}{4}$ R and step R foot forward (6).
- 7 & 8 Step L foot to L side (7). Step together with R foot (&). Step L foot to L side (8).

Full Turn, Right Shuffle, Rock Recover, Back Shuffle

- 1 – 2 Make $\frac{1}{4}$ turn R on R foot forward (1). Make $\frac{3}{4}$ turn R stepping L foot forward (2).
- 3 & 4 Step R foot to R side (3). Step together with L foot (&). Step R foot to R side (4).
- 5 – 6 Rock L foot forward (5). Recover weight to R foot (6).
- 7 & 8 Step back with L foot (7). Step together with R foot (&). Step back with L foot (8).

Back Shuffle, Back Shuffle, Side Rock Recover, Point

- 1 & 2 Step back with R foot (1). Step together with L foot (&). Step back with R foot (2).
- 3 & 4 Step back with L foot (3). Step together with R foot (&). Step back with L foot (4).
- 5 – 6 Rock R foot to R side (5). Recover weight to L foot (6).
- 7 – 8 Point R foot beside L with knees bend slightly and both hands cross in front of chest (7). Straighten both feet with hands open out like a "V" sign (8).

PART B:

Diagonal Rocking Chair, Side Shuffle

- 1 – 2 Rock R foot forward diagonally L (1). Recover weight to L foot in place (2).
(Stretch L hand straight forward pointing up diagonally. Stretch R hand straight behind pointing down diagonally).
- 3 – 4 Rock R foot backward diagonally (3). Recover weight to L foot in place (4)
(Place L hand on the left side of waist and push R hand forward diagonally left).
- 5 – 6 Rock R foot forward diagonally L (5). Recover weight to L foot in place (6).
(Stretch L hand straight forward pointing up diagonally. Stretch R hand straight behind pointing down diagonally).
- 7 & 8 Step R foot to R side (7). Step together with L foot (&). Step R foot to R side (8).

Diagonal Rocking Chair, Side Shuffle

- 1 – 2 Rock L foot forward diagonally R (1). Recover weight to R foot in place (2).
(Stretch R hand straight forward pointing up diagonally. Stretch L hand straight behind pointing down diagonally).
- 3 – 4 Rock L foot backward diagonally (3). Recover weight to R foot in place (4).
(Place R hand on the right side of waist and push L hand forward diagonally right).
- 5 – 6 Rock L foot forward diagonally R (5). Recover weight to R foot in place (6).
(Stretch R hand straight forward pointing up diagonally. Stretch L hand straight behind pointing down diagonally).
- 7 & 8 Step L foot to L side (7). Step together with R foot (&). Step L foot to L side (8).

Rock Recover, Side Shuffle, Rock Recover, Side Shuffle

- 1 – 2 Cross R foot in front of L (1). Recover weight to L foot (2).
(Tick with Right hand, a diagonal stroke up from Left to Right).
- 3 & 4 Step R foot to R side (3). Step together with L foot (&). Step R foot to R side (4).
- 5 – 6 Cross L foot in front of R (5). Recover weight to R foot (6).
(Tick with Left hand, a diagonal stroke up from Right to Left).
- 7 & 8 Step L foot to L side (7). Step together with R foot (&). Step L foot to L side (8).

Side Rock Recover, Cross Shuffle, Unwind $\frac{3}{4}$ Turn R, Recover, Hold

- 1 – 2 Rock R to R side (1). Recover weight to L foot in place (2).
3 & 4 Cross R foot in front of L (3). Step L foot together behind R(&). Cross R foot forward (4).
5 – 6 Cross L foot in front of R (5) and unwind $\frac{3}{4}$ R turn (6).
7 – 8 Recover weight to L foot (7). Hold (8).

ENDING PART A - 30 COUNTS:

Rock Recover, Forward Shuffle, Walk Walk, Forward Shuffle

- 1 – 2 Rock back with R foot (1). Recover weight to L foot (2).
3 & 4 Step forward with R foot (3). Step together with L foot (&). Step forward with R foot (4).
5 – 6 Walk forward on Left foot (5). Walk forward on Right foot (6).
7 & 8 Step forward with L foot (7). Step together with R foot (&). Step forward with L foot (8).

Kick Turn, Forward Shuffle, $\frac{3}{4}$ Turn R, Side Shuffle

- 1 – 2 Kick R foot forward (1). Turn $\frac{1}{4}$ R and hook R foot behind L foot (2).
3 & 4 Step forward R foot (3). Step together with L foot (&). Step forward with R foot (4).
5 – 6 Step L foot forward (5). Turn $\frac{3}{4}$ R and step R foot forward (6).
7 & 8 Step L foot to L side (7). Step together with R foot (&). Step L foot to L side (8).

Full Turn, Right Shuffle, Rock Recover, Back Shuffle

- 1 – 2 Make $\frac{1}{4}$ turn R on R foot forward (1). Make $\frac{3}{4}$ turn R stepping L foot forward (2).
3 & 4 Step R foot to R side (3). Step together with L foot (&). Step R foot to R side (4).
5 – 6 Rock L foot forward (5). Recover weight to R foot (6).
7 & 8 Step back with L foot (7). Step together with R foot (&). Step back with L foot (8).

Back Shuffle, Back Shuffle, Side Rock Recover, Point

- 1 & 2 Step back with R foot (1). Step together with L foot (&). Step back with R foot (2).
3 & 4 Step back with L foot (3). Step together with R foot (&). Step back with L foot (4).
5 – 6 Point R foot beside L with knees bend slightly and both hands cross in front of chest (5). Straighten both feet with hands open out like a 'V' sign (6).